



How to reach us



DONMOTTOLA MEDICAL CENTER

BY PLANE: Lamezia Terme international airport stop

BY TRAIN: Vibo-Pizzo station

BY CAR: Salerno Reggio C motorway. Exit for Pizzo, towards Tropea, drapia tel 0963 1843019

E-mail: info@donmottolamedicalcenter.it

Pec (secure mail): villedellerosesrl@pec.it



Don Mottola medical Center Villa delle Rose

RIABILITAZIONE ESTENSIVA DEGENZIALE



VILLA DELLE ROSE SRL

DONMOTTOLA MEDICAL CENTER

EXTENSIVE INPATIENT REHABILITATION



Don Mottola medical Center - Villa delle Rose

RIABILITAZIONE ESTENSIVA DEGENZIALE



“HOLIDAYS & WELLNESS”

DON MOTTOLA MEDICAL CENTER

SANT'ANGELO DI DRAPIA—TROPEA



Don Mottola medical Center in Tropea (Italy) proposes a new method for treating the health and physical and mental well-being of patients. The "Holidays & Wellness" project comes to life, an extraordinary combination of health and culture, in which patients will be able to stimulate their cognitive and motor skills, combining medical treatments with a pleasant stay in a beautiful and suggestive area of Calabria in the South of Italy.

We present a revolutionary Tourism & Wellness model, in which holidays are combined with moments dedicated to health and physical well-being in a structure of excellence.

The Health & Calabria package, where medical treatments and visits are accompanied by unique experiences aimed at making patients experience "la dolce vita" in Calabria by discovering the fascinating territory of the UNESCO heritage landscape together with multiple gastronomic excellences.

Calabria is a place of pleasant artistic and cultural discoveries thanks to the countless places of history, natural landscapes and the Mediterranean. A wealth of attractions and cultural riches that still few people are aware of. Calabria also offers delicious dishes typical for the south of Italy drawing from our local wine, cheese and produce such as citrus fruits, vegetables, fish and meat products.



Pulmonology area

- *Obstructive and restrictive bronchopneumopathies*
- *Neuromuscular diseases*
- *Inflammatory and neoplastic diseases of the respiratory system*

Neurological area

- *Cerebrovascular diseases*
- *Multiple sclerosis*
- *Diseases of the spinal cord*
- *Diseases of the cranial and peripheral nerves*

Cardiology area

- *Ischemic heart disease, myocardial infarction, by-pass sequelae*
- *coronary artery disease, coronary angioplasty*
- *Stable ischemic heart disease*
- *Chronic heart failure*

Orthopedic area

- *Hip and knee prostheses*
- *Bone diseases and specific arthropathies*
- *Diseases of the musculoskeletal and connective system (sequelae Upper and lower limb fractures, subsequent amputations)*
- *Fibromyalgia and unspecified rheumatism*

OUR GYM





TECAR THERAPY



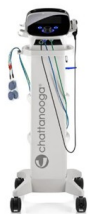
Shock waves



FOR WHO

- Patellar contropathy
- Osteoarthritis of the knee
- Cervico-brachialgia
- Coxarthrosis
- Shoulder periarthritis
- Pubalgia
- low back pain
- Osteoarticular pathologies
- Musculoskeletal disorders
- Epicondylitis
- Muscular hypotrophy
- Syndrome of passive lodging
- Tendinopathies
- Pressure ulcer
- Keloids
- Carpal tunnel syndrome
- Muscle-tension headache
- Low back pain due to exertion
- Bursitis
- Peripheral arteriopathies
- Hip periarthritis
- Calcific tendinitis of the shoulder
- Muscle contractures
- Pain in the ankle

ULTRASOUND-ELECTROST



MAGNETO THERAPY



HOW MANY SESSIONS?

An individual rehab plan with number and durations of sessions will be established

ADJUSTABLE BEDS FOR MESSAGES



WHO WILL BE PRESCRIBING?

The team in charge of individual rehab

WHO WILL CARRY OUT TREATMENT?

The physiotherapist

WHO VERIFIES ?

The team that governs the individual rehabilitation project

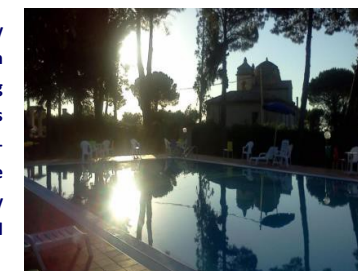


The Don Mottola Medical Center has a ground floor with reception, day center, socialization area, individual clinics and management offices. On the first floor we find two operational units and patient double rooms . Each room is equipped with TV and A/C . There are large open spaces and a chapel for worship. The center is surrounded by a large garden with plants of Mediterranean biodiversity.



THE PARK

The Don Mottola Medical Center is surrounded by a large park of Mediterranean park with a green oasis and a swimming pool. Next to the building there is a garden including citrus and olive trees with colors and scents so important for convalescence in symbiosis with the environment. In the park a "rehabilitation-oriented" path with recovery of residual abilities and gradual inclusion in manual





PHYSIOTHERAPY

- BFB (Biofeedback for neuromotion re-education)
- Exercise bike
- Cogniplus
- Electrostimulations
- Iontophoresis
- Magnetotherapy
- Training in zero gravity
- Standing
- Tapis Roulant
- Tecar Therapy
- TENS
- Ultrasound therapy
- Functional bandage
- Myofascial manipulations
- Neuromuscular re-education
- Respiratory re-education
- Neuromuscular taping
- Postural techniques
- Psychomotor techniques
- Augmentative Alternative Communication
- P.E.C.S. (Picture Exchange Communication System)
- Rehabilitation techniques for dysphagia



THE EVENINGS IN THE PARK

OUR LAND



DISCOVER THE WINES



FOOD AND DRINK



FOOD AND DRINK



ARTS & CULTURE



THE SACRED ROUTE

